

# *STAYING ALIVE*

## BACKCOUNTRY SAFETY KIT CHECKLIST

What are the absolute backcountry essentials? Of course, some necessities depend on where, in what season and how long your adventure will be. It helps to separate your needs into categories: tool box, navigational necessities, emergency supplies, field recovery (for getting unstuck) and personal safety. Then your checklist takes shape easily:

### Tool Box:

- ☐ Needle Nose Pliers
- ☐ Needle Nose Locking Pliers
- ☐ Adjustable Socket Wrench
- ☐ Small Adjustable Socket Wrench
- ☐ Pocket Knife
- ☐ Slipjoint Pliers
- ☐ 10" Adjustable Wrench
- ☐ Locking Pliers
- ☐ Hammer
- ☐ (2) Pair Leather Gloves
- ☐ Adjustable Wrench (Crescent)
- ☐ Radiator Stop Leak
- ☐ Nylon Cord
- ☐ Duct Tape
- ☐ 12" Adjustable Wrench

### Navigational Necessities:

- ☐ Area Maps and Guides
- ☐ Permits, if needed
- ☐ Compass with Mirror
- ☐ GPS Equipment

### Field Recovery Gear:

- ☐ Tire-Changing Tools, including good jack
- ☐ Tow Strap with Attaching Hardware
- ☐ Leather Gloves
- ☐ Shovel
- ☐ High-lift Jack
- ☐ Planks for Traction or Jack Support

### Emergency Supplies:

- ☐ Jumper Cables
- ☐ 2 Flashlights
- ☐ Tire Sealant
- ☐ 5-Gallon Collapsible Water Container (filled)
- ☐ Spare Ignition Key
- ☐ Emergency Flares
- ☐ Fire Extinguisher (halon preferred)
- ☐ Full Size, Inflated Spare Tire
- ☐ Extra Fuel and Radiator Coolant
- ☐ Extra Engine Oil and Brake Fluid
- ☐ Spare Fan Belt and Radiator Hose
- ☐ Magnesium Flint (Firestarter)
- ☐ Extra Batteries (4)

### Personal Safety:

- ☐ Water
- ☐ First Aid Kit
- ☐ Spare Medicine/Prescriptions
- ☐ Spare Eyeglasses
- ☐ Sunscreen
- ☐ Iodine Tablets
- ☐ Whistle
- ☐ Space Blanket
- ☐ Waterproof Matches/Container
- ☐ Hat and Jacket
- ☐ Cell Phone
- ☐ Insect Repellent
- ☐ Medicine

For more information:  
[www.azstateparks.gov/OHV](http://www.azstateparks.gov/OHV)